

LOW GLUTEN PANCAKES

2 Low gluten pancakes topped with a choice of freshly whipped butter, whipped cream or vanilla ice-cream.

MAPLE FLAVOURED SYRUP **\$10.90**

STRAWBERRY JAM **\$10.90**

LEMON SUGAR **\$10.90**

REAL MAPLE SYRUP **\$13.90**

BAVARIAN APPLE **\$15.90**

Warmed stewed apple in nutmeg, cinnamon and maple sauce

JAMAICAN BANANA **\$16.90**

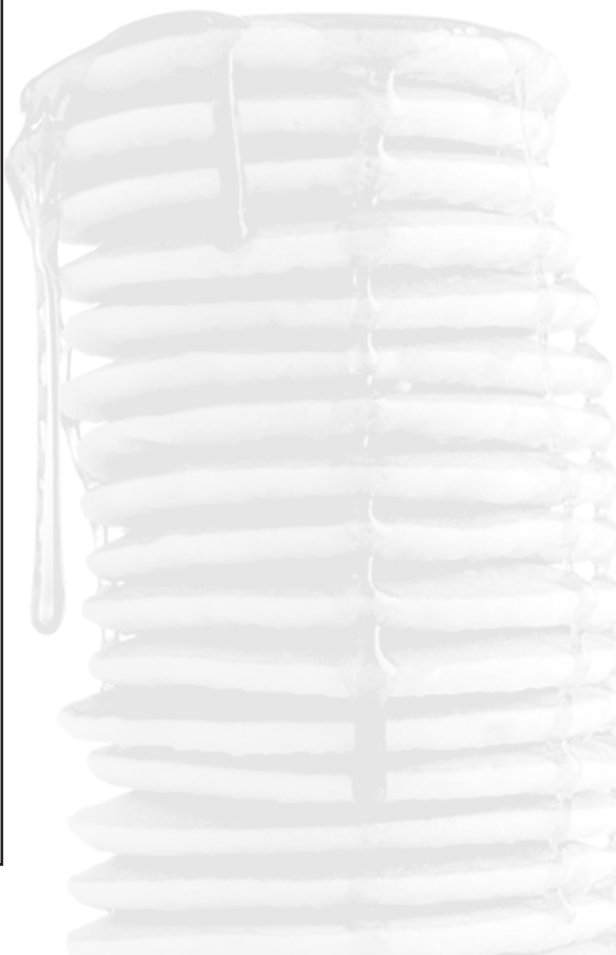
Grilled banana with cinnamon sugar and maple flavoured syrup

FORREST BERRIES **\$16.90**

Mixed blackberries, blueberries and strawberries with maple flavoured syrup

FRESH STRAWBERRIES **\$16.90**

(Seasonal) fresh cut strawberries with maple flavoured syrup



CHEESE & POTATO PANCAKE **\$18.90**

Shredded potato, garlic, spring onion, low gluten pancake mix, full cream milk and tasty cheese cooked to a crispy golden crust. Served with butter and side salad.

VEGETARIAN BREAKFAST **\$21.90**

A low gluten cheese and potato pancake, tomato, butter, eggs, (fried, poached or scrambled)

BACON AND LOW GLUTEN PANCAKES **\$21.90**

2 Low gluten pancakes, butter, bacon rashers, Maple flavoured syrup

WALL STREET BREAKFAST **\$21.90**

2 Low gluten pancakes, butter, bacon rashers, butter, eggs, (fried, poached or scrambled) and maple flavoured syrup.

EXTRAS

REAL CANADIAN MAPLE **\$3.00**

COOKED SPINACH **\$2.50**

BULLA VANILLA ICE-CREAM **\$3.50**

FRESH BANANA **\$3.00**

LOW GLUTEN PANCAKE **\$3.50**

GLUTEN FREE PANCAKE MIX

Rice Flour, raising agents (341 & 500) Milk Solids, tapioca starch, glucose, sugar, salt, egg powder, thickener (466) and emulsifier (471)

WE DO NOT RECOMMEND CONSUMPTION OF OUR LOW GLUTEN PANCAKES BY THOSE WITH CELIAC OR NUT ALLERGIES

ALLERGEN WARNINGS

Please be advised that due to warnings on some raw ingredients used, there may be traces of tree nuts, peanuts, egg, soy or wheat product in all of our products. While we take care to follow strict cooking procedures, these products are made in the same kitchen where wheat, nut and other potential allergens are handled so cross-contamination may occur. We offer our ingredient information as a guide only and advise that you consult your medical advisor for advice on dietary requirements.